# Caudwell Children Autism Service A guide to referrals





How to get referred for an autism assessment

with Caudwell Children - pre-diagnosis support

At Caudwell Children our team of autism specialists provide two-day multi-disciplinary autism assessments and 12 months' wrap around support. This guide explains how to get your child referred for an autism assessment.

An autism diagnosis can help you, your child and the people around them to understand your child's needs. It can also provide a greater sense of self-awareness and understanding of their condition.

As such, getting an autism diagnosis can be a huge support to the child and their family.

At Caudwell Children our team of multi-disciplinary autism specialists provide two-day autism assessments at the state-of-the-art Caudwell International Children's Centre in Keele, Staffordshire.

We also offer support prior to the autism assessment and additional support following your feedback appointment.

Autism assessments with Caudwell Children are available for children aged between 4 and 11 years old and require a referral from a health professional, teacher or social care professional. We also offer charity funding for eligible children.

If you follow these steps, and meet the eligibility criteria, we'd love to offer an autism assessment to your child.

#### Step one:

#### Make a note of behaviours and characteristics

Conversations with a health or education professional about your child can be overwhelming.

To help them understand your child, it is a good idea to note down a list of behaviours and characteristics that lead you to think that your child might be autistic. This will help facilitate subsequent conversations as part of the referral process.

### Step two:

## Speak to a health or education

#### professional about referral

The best way to get an assessment with Caudwell Children is to talk to a health or educational professional who knows your child well and ask them to refer you to us through the Caudwell Children Website.

#### We accept referrals from:

- Educational Professionals such as, Head teachers, Deputy Head and Class Teachers.
- Healthcare Professionals such as Paediatricians,
   Occupational Therapists and Speech and Language
   Therapists
- Social Care Professionals such as Social Workers or Family Support Workers.

Once you're ready, make an appointment to speak to a health, social care or educational professional who knows your child.

Here's some information that they will find useful. Caudwell Children's autism service:

- Offers multi-disciplinary autism assessments plus diagnostic feedback and 12 months of post-diagnostic support for children aged 4-11.
- Follows National Institute for Health and Care Excellence (NICE) guidelines.
- Is inspected by the Care Quality Commission and currently rated 'Good'.
- Offers charity-funded and self-funded autism assessments within three months of referral being accepted.
- Accepts referrals from anywhere in the United Kingdom.



#### Step three:

# Ask a health or educational professional to refer your child to Caudwell Children

Once you have had a conversation with an education, health or social care professional about your child, providing they are in agreement that your child requires an assessment, your child should be referred for a formal autism assessment.

All of the referral forms, which need to be completed by a health or educational professional can be found here: www.caudwellchildren.com/services/autism/

#### Next steps

Got questions? Our Family Support Team are happy to help. If you need to speak to someone feel free to use the Live Chat function on our website or call 0345 300 1348.